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# Bike Mechanic: Tales From The Road And The Workshop



## Synopsis

Bike Mechanic takes a look inside the daily life of the unsung heroes of the peloton, the bike techs who keep the stars riding smoothly and safely on the sport's steepest climbs, the most technical time trials, and the hairpin descents navigated at breakneck speeds. With behind-the-scenes access, the world's best bicycle mechanics tell stories of harrowing days at the Tour de France and the unconventional speed tuning requests from the top riders in the sport.Â Crisp photography makes Bike Mechanic a tool-lover's dream, with drool-worthy images of the machinery and equipment that fascinate bike fans. The captivating text also reveals tricks of the trade and secret techniques used by the sport's most experienced technicians.

## Book Information

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## Customer Reviews

"Bike Mechanic offers an unusual point of view. It's a joint venture between VeloPress and Rouleur so as always the publication is of very high quality and many of the photos approach art. With the cycling season coming to an end for many of us, this is an excellent read for dark winter evenings, fun to just browse through, and would be a fine gift for any cyclist, even one with or without a workstand." &#x9D; -- PezCyclingnews.com "Bike Mechanic includes about 150 pages of workshop and tool porn" Â|While it is not strictly a how-to guide, Guy covers the essential tools of bike maintenance. Everything from tire repair to the most beautifully illustrated guide to cutting steerer tubes that I've seen are covered in the repair basics." &#x9D; -- Cyclelicio.us "A mix of clear how-to and entertaining storytelling from the guys who keep the Pro Tour riders rolling." &#x9D; -- Sanjay Gupta for Triathlete magazine

The bicycle workshop is a magical place, filled with the heady smell of fresh rubber and the gleam of hand tools. The craft's highest expression, however, is found on the racing circuit, where the mechanics of the World Tour work late into the night to keep the bikes of cycling's superstars spinning flawlessly. Bike Mechanic takes readers behind the scenes to reveal how it's done.

The first 25% or so of this book deals with the day-to-day life and challenges of a pro race mechanic. The rest is an interesting past-to-present overview of the various parts of racing bicycles, and the tools used by a pro mechanic in servicing them. As a longtime home bike mechanic myself, the only negatives I can identify about this book are: #1, There is a lot I didn't know that I didn't know, and #2., seeing the pro-level tools owned and used by the author ended up costing me several hundred dollars in "Ooooooh.....gotta have me one of THOSE!" type purchases. I really enjoyed this book and will undoubtedly reference it again many times in the future.

This is a terrific book! It covers an area of pro cycling in an interesting and well written style with terrific photography. In addition to stories from the front lines of the pro peloton, there are also many pages dedicated to maintaining the modern road bike. This one is staying in my collection of cycling books.

This is a must have for home mechanics! It doesn't offer us any mechanical know-how, it's more for what the pros do. It's great coffee table book with awesome photography. It's interesting seeing what the pro teams do vs what us amateurs do at home. I'm glad I bought it!

Of particular interest was how much equipment the pro teams run through in a season...well worth the read. Excellent photography and well thought out. Half the book is how the mechanics function during a season on the pro circuit, the other half is tools of the trade and tips on how to swing a wrench like the pros.

I was expecting more of what mechanics go through during a race season. This book while informative describes what wrenches do. Maybe I was looking for more of a story.

What a fabulous book. A book mind you, that I bought as a book and not kindle. It has great pictures, stories and advice from everything tools to repair. Seriously, if you are into bikes, how

professional work on bikes, you will enjoy this read.

As a former bike shop owner and mechanic, I found this book to be delightful, and spot on regarding the pressures and experiences of a field mechanics. The repair suggestions are excellent and a great guide for all potentially mechanical enthusiasts.

gorgeous pictures, cool stories, and the phrase "SOME say that Campagnolo's [product, idea, technique, odor] is superior in this regard" sprinkled liberally throughout.

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